INITIAL LABOUR ASSESSMENT CHECKLIST

Type of activity: Creating a clinical practice tool

Equipment: Computer for word processing, smart phone with notes function, or a "pen and paper" method

Instructions: Brainstorm a list of clinical responsibilities in an initial labour assessment. Organize these into a logical and systematic order. Use a method that will be most useful to you to access in the clinical setting. Remember to include clinical assessment, labour support, communication, and documentation responsibilities. Also keep in mind the qualities of effective tools presented in Lesson 3: comprehensive, concise, organized, flexible, and accessible. Finalize your checklist into a clinical practice tool that you can carry with you to labour assessments.

Discussion: Review your checklist to another student or to your preceptor. What method did you use and why? How would you use this tool in clinical practice? How can you build in flexibility?